

Biography of David Allen

David Allen is widely recognized as the world's leading expert on personal and organizational productivity. His thirty-year pioneering research and coaching to corporate managers and CEOs of some of America's most prestigious corporations and institutions has earned him Forbes' recognition as one of the top five executive coaches in the U.S. and Business 2.0 magazine's inclusion in their 2006 list of the "50 Who Matter Now." Time Magazine called his flagship book, *Getting Things Done*, "the definitive business self-help book of the decade." Fast Company Magazine called David "one of the world's most influential thinkers" in the arena of personal productivity, for his outstanding programs and writing on time and stress management, the power of aligned focus and vision, and his groundbreaking methodologies in management and executive peak performance.

David is the international best-selling author of *Getting Things Done: the Art of Stress-Free Productivity*; Ready for Anything: 52 Productivity Principles for Work and Life; and Making It All Work: Winning at the Game of Work and the Business of Life.

He is the engineer of GTD®, the popular Getting Things Done® methodology that has shown millions how to transform a fast-paced, overwhelming, overcommitted life into one that is balanced, integrated, relaxed, and has more successful outcomes. GTD's broad appeal is based on the fact that it is applicable from the boardroom to the living room to the class room. It is hailed as "life changing" by students, busy parents, entrepreneurs and corporate executives. David is the Founder and Chairman of the David Allen Company, whose inspirational seminars, coaching, educational materials and practical products present individuals and organizations with a new model for "Winning at the Game of Work and Business of Life." He continues to write articles and essays that address today's ever-changing issues about living and working in a fast-paced world while sustaining balance, control, and meaningful focus.